



BOYLE RIVER
OUTDOOR EDUCATION CENTRE
www.boyle.org.nz



FATHER SON CAMP

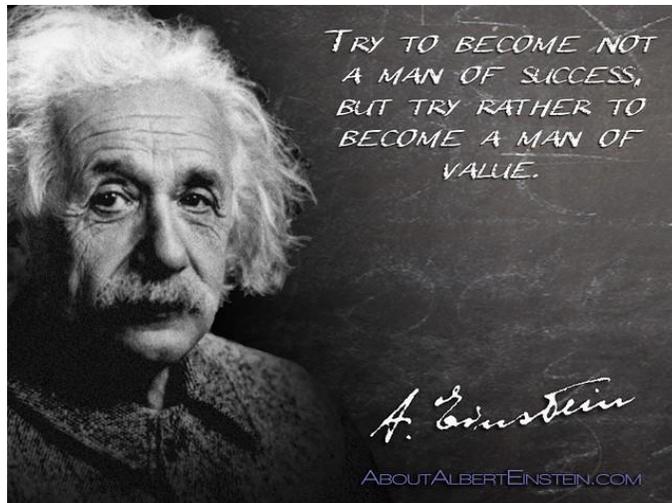
RESET AND RE-CONNECT

With special thanks to;



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You are welcome to arrive anytime between 3pm and 8pm on Friday evening. For any questions please reference our website www.boyle.org.nz or call 03 315 7082 or email info@boyle.org.nz



1. A FATHER SON RELATIONSHIP

Every father-son relationship is different - but the strength of this bond, in all its stages and forms, is often undeniable.

Whatever phase your relationship is at, whether it be navigating the rollercoaster ride of teenage years or being each other's best friend, taking time to connect and spend quality, un-interrupted time together in nature is imperative. However, finding that time in busy schedules can be difficult.

If you are looking to take some time out from day-to-day life, reconnect and enjoy each other's company, what better place to do that than immersed in the majesty of the Lewis Pass? The Boyle River's Father-Son Camp takes the worry out of organising and planning that important time away and provides a space created with the intention of making new memories.

The Boyle River is based 15km south of the Lewis Pass, nestled between the Sylvia Tops and the Libretto mountain range. surrounded by beautiful and undisturbed bushland. The tranquil environment provides the perfect place for a peaceful weekend getaway – but don't get too comfortable, as the two-and-a-half-day trip will also have some challenging adventure activities to overcome together.



Under the experienced guidance of The Boyle staff we use our High Ropes Course or River environment (depending on the time of year and weather!) as a tool to facilitate bonding through hands-on shared experiences.

Fun team challenges are planned for after the High Ropes, focusing on communication skills, co-operation and leadership. Filled with laughter and smiles, this is a fabulous family bonding opportunity, as well as connecting with other adventurers.

The boys will go on a night adventure activity with our staff for an hour, while the Dads "network" around the campfire. Everyone comes together again for a hands-on camp oven Wild Pizza night. Create your own dough-based pizza with your son and delight at the taste sensation of a campfire pizza as you relax around the fire.

These are only a few highlights of the weekend activities offered at The Boyle River's father-son camps. This dedicated time away will be filled with adventure, fun and laughter, providing lasting and cherished memories.

2. WHAT IS INCLUDED OR NOT

- **1. What's included?**

- Professional Outdoor Instructors facilitating activities on Saturday 8am-8pm
- Tent accommodation which is all set up for you and ready to go!
- 1-night in our lodge and 1-night camping
- High Ropes Saturday morning
- Facilitated group activities
- 1-hour night adventure activity for the boys
- Wild Pizza dinner Saturday night campfire and wood
- Tea/Coffee/Milo and hot water facilities
- Amenities including hot showers

- **2. What's excluded?**

- Transportation to and from the weekend
- sleeping mats, sleeping bags, linen, pillows etc
- Meals and snacks unless otherwise stated
- Alcohol/Beverages (you are welcome to bring this with you)
- BYO camp chair, sleeping mattresses (total tent floor width is 1.2m), sleeping bags/blankets, pillows, cutlery and plates, cups



3. THE ITINERARY

Father Son Camp

Friday	Arrive between 3pm and 7pm. Welcome and briefing.
Saturday AM	Father Son High Ropes challenges White Water Tubing or cold water alternative
PM	Journey to campsite. Father Son Survival Challenges
EVE	Camp fire / Nightline / wild pizza cooking
Day 2 AM	Return to Boyle Lodge Chance to refresh / shower etc
PM	Wrap up and depart

4. WHAT TO BRING

Items in italics are available to supplement from the Centre

PACKED		CLOTHES
	2	<i>Polypro/wool thermal tops-can layer these</i>
	1	<i>Polypro/wool thermal long johns</i>
	2	<i>Warm jerseys (fleece / wool)- can layer these</i>
	1	Pairs shorts
	1	Pairs warm long trousers/track pants for activities - NO JEANS or COTTON
	2	Changes of underwear
	1	Pyjamas or similar
	3	Pairs socks (thick woollen)
	1	<i>Waterproof parka</i>
	1	<i>Waterproof over pants</i>
	1	<i>Pairs gloves or mittens (fleece / wool / polypro)</i>
	1	<i>Beanie (fleece / wool / polypro)</i>
	1	Sun hat
	2	Pairs strong, sturdy shoes/trainers, boots (suitable for wet, muddy conditions: <i>a must for winter</i>)
	1	Swim gear
		Changes of clothes for travel/evenings, including footwear (inside)

4.1 WHAT TO BRING

Items in italics are available to supplement from the Centre

PACKED	GEAR
1	Towels
1	Large black rubbish bags
	Toiletries
	Warm sleeping bag
1	<i>Bed Roll</i>
	Pillow
2	Packs – 1 Day Pack and <i>1 big pack</i>
	Torch and spare batteries
	Cards / Games
	Water bottle
	Sunglasses in protective container
	Sun screen and Insect repellent
	Small container of hand sanitiser
	Personal first aid kit (plasters, strapping tape) and personal medication
	Camera (optional)
	Food for Friday evening, Saturday breakfast and lunch, Sunday breakfast. Plus, snacks and beverages of your choice
	<i>Wetsuit if you have one</i>
	Home baking / packet of biscuits to share if you like
Musical instruments are welcome. Limited Spark and Vodafone cell phone reception. Wifi available for adults.	

4.2 WHAT TO BRING

SOME COMMENTS ON CLOTHING

Some of the best experiences happen in challenging conditions, so you need to have suitable clothing for all weathers! If you do not have anything on the gear list try and borrow it rather than buy expensive items. It is best to come organized and prepared. You can also borrow the marked items from the Boyle if you do not have your own.

Clothing is most effective when we wear multiple layers, which trap in heat and can be removed easily when you get hot. Remember warmth is provided by the materials ability to trap body heat, the material itself doesn't provide the warmth.

FIRST LAYER - polypropylene/wool against the skin. A top and long johns, depending on weather and woollen socks. These fabrics help wick the water away from the skin to help keep you warm. Cotton is no good as, unlike polypro, it draws heat away from the body when wet and makes you cold or possibly hypothermic. You can wear multiple polypro / wool layers.

SECOND LAYER - one or two layers of fleece / wool for the top and long pants/polypro and shorts for the bottom if the weather's cold. These layers insulate your body heat and do not feel cold if they get wet. Don't forget a beanie and gloves! Jeans are not suitable, except in the lodge, as they are extremely heavy when wet and restrict movement. They are also made of cotton and remove heat from the body when wet. T shirt, shorts sun glasses and sun hat if the weather is hot – you need to cover up as the sun is very strong up here.

THIRD LAYER - The water proof / wind proof layer. Jacket and over-trousers that are able to withstand a good continuous dumping of rain. Gore-Tex, Reflex and PVC are best. Nylon wind breakers and anything filled with Dacron or down are generally NOT waterproof. If you are unsure about your jacket go outside with a bucket of water and test it before you come! Or you can borrow one from us!

FOOTWEAR – It is important to have strong, sturdy footwear as we are often walking on uneven and slippery ground in the bush and mountains. Boots are good as they provide ankle support, but for many activities sturdy trainers are fine, providing they are done up tightly for support. Boots are best for the winter months.

5. LOCATION AND FACILITIES

Proud to deliver



Location

The Boyle River Outdoor Education Centre is situated near the Lewis Pass at the junction of the Boyle and Lewis Rivers on SH7. The signpost reads 'Outdoor Education Centre'.

Hanmer Springs is 58km or 40 mins drive to the east and Springs Junction is 35km or 30 mins drive to the north, Christchurch is approximately 2 hours' drive away.

Facilities

The Lodge has seven bunkrooms of varying sizes sleeping up to 70 people. Bunks have mattresses only - you need to provide sleeping bags & pillows. It is wheelchair accessible and all at ground floor level though much of the ground outside is shingle or uneven. It is heated by heat pumps.

The kitchen contains a gas oven and hob, an electric fan oven, microwave, steriliser, fridge and adequate cooking and serving utensils to cater for up to 70 people. There is a commercial size fridge and a freezer outside.

The L-shaped dining room and lounge is carpeted and has folding tables and stacking chairs for 70 people. This room can also be used for viewing slides, films, videos, playing games, discussions and studying. There is also a small library.

Outside the Lodge

There is plenty of space for people to meet and play within the boundaries of the property. As the surface is uneven it is more suitable for games and activities rather than sports. Beyond the property boundaries the land is mostly looked after by the Department of Conservation. Nearby there is a small collection of baches which are 'out of bounds' to Boyle users.

There is parking for buses and minibuses at the side of the Lodge and visitor parking along the driveway.

There is a phone for use in the Lodge kitchen . This number is 03 315 7041. The office business number is 03 315 7082.

There is limited SPARK and VODAFONE mobile phone reception in the area. Groups have the opportunity for a break from technology and the chance for 'real life' interaction and play! We discourage the use of cell phones and personal stereos for this reason. Valuables, including these items, can be stored in the BROEC office.

6. SUSTAINABILITY AND SAFETY

Sustainability: People – Planet - Profit

The Boyle works hard to minimise the environmental impact of its operation. We have a composting and recycle system to minimise our contribution to landfill sites. Please consider the packaging that you bring to the Boyle. We teach about 'Leave No Trace' through our programmes. There is a great website for information <http://www.leavenotrace.org.nz>

We measure a success and journey to sustainability with a triple bottom line. People, Planet and Profit.

Safety Risk Disclosure

There are hazards and risks associated with any environment. The Boyle is situated in an alpine environment and the hazards such as uneven terrain, changing weather; rising water levels are all managed within our Safety Management System. From time to time there are minor injuries such as sprained ankles, minor cuts and bruises. All incidents are recorded and examined for any learning and future prevention.

Serious hazards such as falling from height are also managed through the Safety Management System, which contains many checks and back up procedures to ensure safety. Any potentially hazardous activities must be supervised in accordance with BROEC safety policies and procedures.

We have Hazard ID and SOPs (Safety Operation Plans) for all activities we run. These are inspected and audited every year by an external auditor. They follow national industry guidelines and standards. Additionally The Boyle River Outdoor Education Centre (BROEC) has OutdoorsMark Audit accreditation. See the following for details and confirmation:

<http://www.register.worksafe.govt.nz>

Instructors attend annual training for 6 days to up-skill and revalidate their rescue and emergency skills. There is ongoing monitoring and appraisal of staff. All new instructors are inducted, trained and assessed by senior staff before working with groups.

First Aid Equipment is provided by the Centre for emergencies only. BROEC and its employees cannot be held responsible for incidents or accidents arising from incomplete or unqualified supervision, or from failure to accept the advice of the Manager.

The Boyle has a comprehensive 'Emergency procedures' document in the office. All Boyle staff are trained to respond to a range of possible scenarios. They will deal with any incidents while out on activities. There will be a member of Boyle Staff available to help at all times.

4. OUR IMPACT

Since 1978, we have positively impacted 126,000 people*.

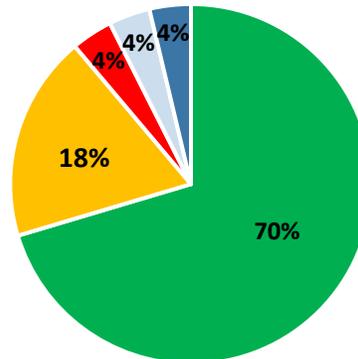
THE NEED

New Zealand is faced with major issues of teen suicide, drug abuse and crime. Young people increasingly engage with each other in the cyber world and are not learning the personal & social skills necessary to be part of the real-world community. We need to help our youth transition into adulthood and help them learn to contribute.

All our Boyle programmes teach skills as well as immerse the student in the natural environment. They learn empathy, leadership skills, self-management, team work and communication skills and show each individual that they can achieve success by challenging themselves. They learn that they can become a valued member of society as they journey from boy to man.



Where our students come from:



■ Canterbury ■ West Coast ■ Auckland ■ Otago ■ Australia

THE OUTCOMES

- Developed communication skills and team work skills
- Increased self-confidence, self-worth initiative and self-reliance
- Increased trust and improve relationships
- Experience fun through exciting activities in the outdoors
- Gained a sense of individual and group achievement
- Learned leadership and decision-making skills
- Increased resilience and respect for others
- Learned the importance of positive behaviours
- Increased environmental awareness

*Based on each student returning home and impacting 2 other people



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